



Organisers Info Pack

Hosting your retreat in Sri Lanka

Welcome to La Maison VEDA

La Maison VEDA is an intimate retreat venue on the shores of Koggala Lake, in the south of Sri Lanka. Nestled in lush jungle, this experience house has been designed as a space of silence, reconnection and mindful presence. Much more than a hotel or a retreat centre: a human-scale home for small groups seeking authenticity, nature and deep well-being.

You come to teach, I take care of the rest.

The place at a glance

- South Sri Lanka — 2 h 15 from Colombo airport, 25 min from Galle, 5 min from Habaraduwa (shops, cafés, market, bank)
- On the shores of Koggala Lake, private lake access from the garden
- Two authentic villas: the **Lake Loft** and the **Lake House** — 7 beds
- Panoramic **rooftop yoga shala** facing the lake
- Partner accommodation steps away: the **Tothupola** chalets (with pool) and the **Jungle Breeze** villas — total capacity 15 beds
- A daily on-site contact, in French and English

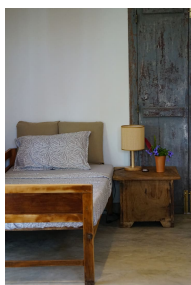
The "La Maison VEDA" base (mandatory for any retreat)

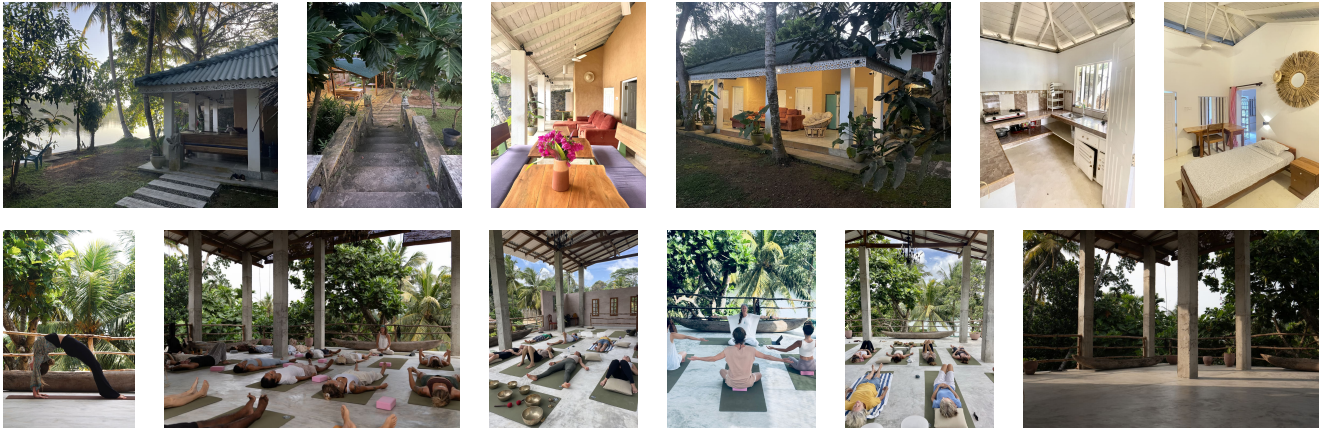
Full privatisation of the two villas and the shala. Capacity: **7 beds**. Minimum stay: **5 nights**. Partner extensions are only available once the base is booked.

The Lake Loft — a bright, welcoming 60 m² loft-style apartment: open space dividable into 3 curtained sleeping areas (1 double bed + 3 single beds), 1 bathroom, air conditioning, fully equipped kitchen, large terrace over the tropical garden — with the yoga studio on its rooftop. A "chic dormitory" feel, balancing community and privacy.

The Lake House — a charming traditional Sri Lankan clay-wall house right on the lakefront: 1 large bedroom with a double bed + 1 adjoining room with 2 single beds, bathroom, fully equipped kitchen, and a large terrace facing the sunrise over the lake.

The Yoga Shala — perched on the Loft's rooftop with breathtaking views over Koggala Lake and its fishermen. Over 70 m², bright, comfortably seats 15 to 20 practitioners. Equipped: 17 mats and blocks. Bathroom with shower and toilet.





Partner accommodation (optional)

Tothupola chalets — direct access through a garden gate. Two wooden chalets built by Sri Lankan artisans: 1 double + 1 single bed each, private bathroom, air conditioning, garden pool with lake view (pool access reserved for Tothupola guests). **+4 beds** (total: 11).

Jungle Breeze villas — a 1-minute walk, a tastefully renovated lakeside property: 5 double rooms, each with a private terrace or balcony — including a floating apartment on catamaran hulls and a traditional earth house. On-site kitchen. **Total with the base and Tothupola: 15 beds.**

Partner accommodation is subject to their own availability.

Dining

Full board: €30/person/day — 3 vegetarian meals a day, Sri Lankan, Ayurvedic and French-inspired cuisine, softened spices, fresh local produce. Water, tea, infusions and fruit available all day.

Or bring your own chef: two fully equipped kitchens and a dedicated lakeside dining space for the group.

À la carte experiences (optional)

Nothing is imposed: you design your retreat according to your vision. Indicative prices, confirmed depending on the practitioner:

- **Wellness & movement** (from €100/group): a class with a certified teacher — Hatha, Vinyasa, Kundalini, Pilates
- **Deep experiences** (from €150/group): sound bath, breathwork, cacao ceremony, kirtan, Sri Lankan or Ayurvedic cooking workshop
- **Ayurvedic immersion** (from €80/person): a full day in a traditional family Ayurvedic house, 20 minutes away
- **Culture & nature** (€10–35/person/activity): boat ride on Koggala Lake from the garden, lakeside temple & puja ritual, turtle conservation centre, Galle Fort (UNESCO), tea factory, surfing

Extend with a journey: for 3 to 17 people, tours by car, van or bus across the island (from €100/day/person) — Sigiriya, Kandy, the mountain train, Ella, safaris... See our VEDA Travel signature trips.

Rates

	Rate
La Maison VEDA base (2 villas + shala, 7 beds)	€200/night
Tothupola chalets (both chalets + pool, 4 beds)	€150/night
Jungle Breeze villas	€50/night/bed
Full board	€30/person/day
Airport transfers (one way)	car (1-3 people) €60 · van (up to 8) €110 · bus (up to 17) €200

Booking conditions

- "La Maison VEDA" base mandatory · minimum stay 5 nights · exclusive use of the venue from 7 participants
- Maximum capacity: 15 beds, **organizers included** (remember to include your own accommodation in your calculations)
- Deposit: **50%** on booking, due within 15 days to hold your dates
- Balance: due no later than **90 days** before the start of the stay
- Free cancellation up to 6 months before the stay. Within six months the deposit is non-refundable — unless your dates are taken by someone else, or in a case of force majeure
- Organizers' accommodation not included · **meals offered for 1–2 organizers**

Organising, together

You choose your dates. Together we define the structure of your retreat. You open registrations to your students. I organise all the local logistics. You teach with complete peace of mind. Each retreat is co-created to respect your approach and the spirit of the place.

The spirit of La Maison VEDA

Authenticity over quantity. Depth over spectacle. Human connection over mass tourism. An intimate place, a smooth organisation, a sincere experience. **You are at home here.**

About Aurélie

Aurélie Dutrey founded her first yoga centre, La Maison VEDA France (Saint-Simon, Charente), in 2022, before extending this vision to Sri Lanka. Trained in Ayurveda in India, a yoga teacher and long-term traveller, she built La Maison VEDA on a deep knowledge of the country and a trusted local network. Her role: making sure every stay flows smoothly, remains deeply human and offers a sincere experience — without over-promising or staging.

Availability & contact

Fill in the retreat contact form and we will send you our availability.

- WhatsApp (only): +33 (0)6 79 09 89 47
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- Email: lamaisonveda@gmail.com
- Website: lamaisonveda.com · Instagram & Facebook: [@lamaisonveda](https://www.instagram.com/lamaisonveda)

With all our love ■ — The La Maison VEDA Team